

The Compassionate Friends Of Northeast Arkansas

Healing Hearts Newsletter

2211 Jones Road, Paragould, AR.

Up on the hill at Southside Community Church, in the Conference Room.

Email: tcfofnortheastarkansas@yahoo.com Webpage: tcfofnortheastarkansas.weebly.com

Facebook page: <https://www.facebook.com/groups/tcfofnea/>

Our next meeting is March 13th, 2014 at 7:00 P.M. — 9:00 P.M.



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Chamber of Commerce Showcase

February 20, 2014 marked the first time The Compassionate Friends of Northeast Arkansas attended The Greene County Chamber of Commerce Showcase.

The event was held at the Community Center in Paragould. Chapter Leader, Toni Baker, Newsletter Editor, Linda Lenox (myself,) and Chapter Librarian and Scrapbook Editor, Tammy Turner set up our table (see picture below,) and talked to people as they passed by to get the word out in the community about our TCF chapter.

Lunch was provided by the Chamber, which was catered by the Subway Restaurant, in Paragould. This was a great opportunity to network with businesses and other non-profit agencies in the area, as well as with the public.

Many of the businesses who participated provided prizes for drawings throughout the event. Our Chapter won the very last drawing, which was a gift certificate good for \$25.00 worth of Chamber Bucks, which can be used for any item at a long list of Chamber members' businesses. We will use this prize for items needed for our chapter.

The Compassionate Friends of Northeast Arkansas is here to provide meetings and understanding for bereaved parents, grandparents and siblings who have lost a child, grandchild, or sibling, of any age and from any reason.



You Need Not Walk Alone



37th National Conference
Chicago, Illinois
July 11-13, 2014

The Compassionate Friends
State of Arkansas
Regional Coordinators
David and Dana Penn
870-759-1299



There are no dues or fees to belong to a The Compassionate Friends. As parents find hope and healing by attending meetings and reading our newsletter, they often make a monetary "love gift" to our chapter. The birth day or death day of the child is often remembered this way. Others in the community make contributions because they want to help us with newsletter expense, meeting cost or maintaining a good library.

This month we thank:
Toni Baker, through the
Roll a Giving of Teleflora
in memory of Jayson
Baker.

Thank you, Toni!

We also want to thank St. Bernard
Healthcare for the generous love gift
our chapter received in the mail.

Thank You, St. Bernards Healthcare!

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Healing Hearts Newsletter of The Compassionate Friends of Northeast Arkansas

Note from our Chapter Leader, Toni Baker

Boy the months are flying by and this weather has a way of making things dreadful. I'm ready for some nice weather. How about you??

Our sincere sympathy goes out to Dana and David Penn on the loss of their nephew. Love and hugs Dana and David.

Be sure and read your newsletter for updates of what is happening with The Compassionate Friends of Northeast Arkansas. Hoping to be able to have a Balloon Release in May at the Loose Caboose and we will need help manning the booth and also we usually sell Boston Butts for 4th of July and will need participation in this fundraiser – are you willing to try and sell Boston Butts? We have brochures that really need to be put in doctors, counselors, hospitals, etc. ---is anyone willing to help distribute these brochures?

I had requested funds for a button badge maker for our chapter from the Methodist Church so we can wear buttons of our children but we were turned down for that request but we have been blessed in many other ways – we are thankful! If anyone knows anyone who would like to donate one please let me know. I know how important it is to have our child's picture available and even worn for others to see. Our Children, Gone Too Soon, But Never Forgotten.

I look forward to seeing each of you at our meeting on Thursday, March 13th at 7pm. If anyone would like to bring a snack to share, please let me know.

Love and Hugs, Toni



Join Us on the Web!
tcfofnortheastarkansas.weebly.com

Join Us on Facebook!
<https://www.facebook.com/groups/tcfofnea/>

We'd love to have your feedback!

The Compassionate Friends does not espouse any religious ideologies. Southside Community Church has graciously offered the use of it's conference room as a meeting place for our chapter.
Thank You Southside Community Church!

If you wish wishes to stop receiving this newsletter, or if you would like to contribute to the newsletter, please contact me at:

linda@thelenoxfamily.com

Our next 3 Meetings!
March 13, 2014
April 10 2014
May 8, 2014

Mark Your Calendars!





Healing Hearts Newsletter of The Compassionate Friends of Northeast Arkansas



Telephone or email Friends

Toni Baker, 870-476-6025 or baker2205@msn.com

Toni's son Jayson died in a motorcycle accident.

Linda Lenox, 870-573-6920 or linda@thelenoxfamily.com

Linda's daughter Melissa died in a flooded creek.

Jo Cook, 870-249-1290

Jo's daughter, Jennifer died in an accident with a train.

Upcoming Events:

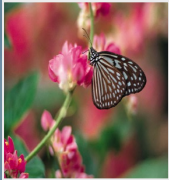


The Compassionate Friends is pleased to announce that Chicago, IL will be the site of the 37th TCF National Conference July 11-13, 2014.

"Miles of Compassion through The Winds of Hope" The 2014 conference will be held at the Hyatt Regency O'Hare right near the airport. We'll keep you updated with details here, on the national website as well as on our [TCF/USA Facebook Page](#) and elsewhere as they become available. Plan to come and be a part of this heartwarming experience!

The agenda for the conference: www.compassionatefriends.org

http://www.compassionatefriends.org/Libraries/PDF/37th_National_Conference_Workshops.sflb.ashx



Chapter Leader, Toni Baker is looking into transportation, conference, and hotel costs. Please let her know if any of are interested in attending. This is one of the closest conferences to us and they are amazing!

Join us for The Compassionate Friends, 2nd annual Balloon Release, at the Loose Caboose Festival which is held in Paragould. We don't know yet where the Loose Caboose will be held this year, but we will let you know when we find out! We need volunteers to help at our table. This is a fun event, and the Balloon Release is a beautiful tribute to

Our Children Gone Too Soon



We were scheduled to have local author, Dawn Kidd to speak at our March meeting, but she will be unable to attend due to illness in her family. Hopefully, she can reschedule.

For our April meeting, we welcome special guest, Steve Gillespie. Steve will present a program of art therapy. This should be fun, as well as helpful. April 10, 2014 at 7:00



During June, we will have our 3rd annual fund raiser selling Boston Butts, and Ribs from Payne's Meat. The meats will be ready for 4 of July Celebrations! We really need volunteers to help us sell these wonderful meats and raise money for our chapter!



Healing Hearts Newsletter of The Compassionate Friends of Northeast Arkansas

TCF loves Darcie !

Date: Thu, 27 Feb 2014 15:18:09 -0600

Dear AR Chapters,

I'm not sure how many of you got to meet this VERY SPECIAL MOM. I don't think I was ever at a TCF conference, that she wasn't there. NOT only there, but ALWAYS willing to pull you aside and give you one on one, or to be fun and silly for picture taking.

WHAT a legacy she has left to TCF. WE MUST think of her two famous sayings as we grieve a tremendous loss as a whole, and as a individual friend to many of us.



"Thanks for the little while." ~ ~ ~ "May Love Be What We Remember Most."

"Thanks For the Little While" – Today our hearts are broken, our dear friend Darcie Sims has died. Darcie was my mentor, but the story of how she affected my life could be echoed by thousands of others in the TCF family whose lives have been equally touched by her incredible gift of loving guidance.

This woman was simply in a league of her own in the world of grief education. Darcie's ability to take the complex subject of grief and simplify it so that all could easily understand it made her the best at what she does. Her books, videos, workshops, and radio and television work have helped tens of thousands of people find hope on their grief journey.

Darcie has been a true friend to TCF. She has served our organization as a chapter leader and as a member of our National Board of Directors. Her willingness to give was extraordinary as she returned to many national and regional conferences over the years to speak and present workshops for us.

Today we offer our heartfelt condolences to Tony, Darcie's sidekick and the man behind the curtain keeping the Darcie Sims show on the road all of these years. We offer our condolences to Allie and Greg and to the junior Ms. Darcie. Oh how Darcie loved and adored her family.

Those of us who have had the honor of knowing Darcie will never forget this amazing woman. She was a superstar in our world, and though we loaned her out to the rest of the world, there was no doubt that she was "our" superstar. Darcie was one of us, she listened to our stories, she felt our pain, she walked our walk, she was Big A's mom.

Darcie left you and I many treasures, she taught each of us how to laugh and cry at the same time, she taught us that we all grieve differently and the best gift we give each other is the gift of tolerance. Darcie left us the gift of her wonderful memories.

Many of us are in great pain today; it hurts deeply as we try to wrap our minds around such a profound loss to our TCF family. I know Darcie would want us to take the time to grieve and be sad for our loss today...but I am betting she would also want us to take a moment to remember that she lived...and oh boy did she live. So, as the tears come, grab a roll of toilet paper and stick it in your pocket, at your next TCF meeting remember to touch knees with the person next to you....and as you do these things...look upward to where Darcie is once again holding her precious Big A and say.... "Thanks, For The Little While."

We're going to miss you sweet friend,
Alan Pedersen,

TCF Interim Executive Director

www.compassionatefriends.org



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I Heard Your Name Today

I heard your name today and my heart did not skip a beat, nor was my mind flooded with the emotion of losing you. I heard your name today and it did not bring back the terrible hurt feelings of when you first left me.

I heard your name today with a calmness that surprised me. Many another child carries your name, and it had been torture hearing it and seeing the smiling faces on those little girls. But today I knew—I found out—what others in my footsteps found out and tried to tell me. The hurt will ease; but the memories, the love, the good times will never go away.

—Phoebe C. Redman
TCF Bradenton, FL

We received this message from The Lawrence County Chapter. David and Dana Penn are The State of Arkansas Regional Coordinators and chapter leaders of the Lawrence County Chapter.

Compassionate Friends Chapter Leaders,

It is with much sadness that I must report the death of David Penn's nephew, Jimmy Durham, and the imminent death of Dana's nephew, Daniel. Daniel has been suffering with terminal cancer for several months and is in the final stages of life. Dana and David have been overwhelmed with these untimely deaths on both sides of their families.

Dana has asked that I inform each of you that **the Compassionate Friends Regional Training event scheduled for Saturday, March 8, in North Little Rock, AR. has been postponed.** The event will be rescheduled as soon as possible.

Thank you for your understanding. Please drop me an e-mail so I can confirm that everyone on the participants' list has received this message. Please stay safe in this horrible winter weather and please keep the entire Penn and Davis families in your prayers during this most difficult period.

Thanks,

Barbara Doyle

Lawrence County Steering Committee

You may send a sympathy card to:

David and Dana Penn

173 Park Avenue

Hoxie Arkansas, 72433

We wish to thank member, Tammy Turner, who has volunteered to be our chapter librarian and scrap book editor.
Thank you, Tammy!

We welcome Webmaster--Cindy McClure, who keeps our web page up to date. Check it out and leave a comment
<https://www.tcfontheastarkansas.weebly.com>
Thank you, Cindy!



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Our Children Remembered

Melissa Wilkinson

Jayson Baker

Cooper Catharine Porter

Nathan Kidd

Haylee Kidd

Nicholas Zurosky

Jennifer Cook

Timothy Lee Fitzwater

Samantha Cook

Shane Mathew Fitzwater

Jennifer Lee Hancock

Aaron Scott Boyer

Ashlyn Dunn

Aidyn Isaiah Queen

Annaya Marie Edwards

Shane Palmer

Tabitha Marsh

Steven Charles Garland

Stephanie Sluder

Timothy House

Julie Ellen Amick

Carter Smith

Olivia Jurkin

Tyler James Tritch

Terry Brown

Jayden Wilkinson

Caiden Billups

Blake Howerton

Andrew Wayne Myers

Jon David Penn

Joseph "Chase" Jackson

Tyler James Troutt

Matthew Russo

*If you would like your child
added to this list, contact me:
linda@thelenoxfamily.com*



In Loving Memory...

There are no dues or fees to belong to The Compassionate Friends. We have all paid the ultimate price; the loss of our loved ones.

Through "Love Gifts," parents and others who wish to help, may provide financial to support our chapter. We appreciate these gifts and use them in our chapter's work to be there to help other people who have lost a precious a child, or grandchild, or brother or sister.

The Compassionate Friends of Northeast Arkansas
We ask for donations in memory of our children who have died. Our activities support the grief work of families in our area. Our work is also used to educate the community about the grief process and how everyone can help and give emotional support to bereaved families. Please help us help others by making a "love gift"

Tax deductible love gifts may be sent to:

TCF of Northeast Arkansas, c/o Toni Baker, chapter leader
2703 Stonegate Drive, Paragould, AR 72450

Donations can also be made through our web page or through our online store:

tcfofnortheastarkansas.weebly.com

Tcfofnortheastarkansas.weebly.com

FOLD IN



FOLD IN



This page can be printed to form an envelope for your love gift. Fold as directed, insert your check. and tape the ends closed

I would like to give a love gift of \$ _____ in memory of _____

From (relationship) _____

If you choose to give a love gift, please add your return address to receive your tax deductible receipt

May we acknowledge your love gift in our newsletter: Please Circle YES NO

If you would like your loved one's name added to our memorial page,

"Our Children Remembered" in our newsletter, Please submit the following information:

Child's full name _____

Your relationship _____

If you no longer wish to receive this newsletter, please check this box and return it to us.

Or email: linda@thelenoxfamily.com

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